



MAJURA NEWS



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09 February 2018 Term 1 Week 1

Majura Primary School acknowledges the Ngunnawal people who are the traditional owners and custodians of this land

Dates to Remember

Wednesday 14 February	<i>Preschool Parents Association meeting</i>
Friday 16 February	<i>Junior Assembly 2.15pm</i>
Mon 19-Fri 23 February	<i>Getting to Know You Interviews; Kindergarten PIPS testing—week 1</i>
Mon 19-Fri 23 February	<i>Getting to Know You Interviews; Kindergarten PIPS testing—week 2</i>
Wednesday 21 February	<i>Majura P&C AGM</i>

Dear Parents and Carers

Welcome to Majura Primary school for 2018, with a special welcome to our new families. We are proud of Majura's reputation and the success our student's experience, and trust that you will enjoy your time at Majura.

We also welcome several new teachers to Majura this year:

Ms Sue Frost	Preschool
Ms Christine Worland	Kindy
Ms Laura Chibnall	Year 3
Ms Jane Phippen	Year 6
Ms Angela Burroughs	Year 6

We also welcome Ms Louise Johnston who is joining the school as executive teacher. Louise will be working with the year 5/6 team. Feel free to introduce yourself to her. We hope their time at Majura will be rewarding and productive, and I am confident each will make a significant contribution to the school.

Crossing supervisor

As I am sure you have noticed, Majura has been allocated one of the new school crossing supervisors on duty this year. The supervisor is on duty between 8:15 and 9:15am and 2:45 and 3:45pm at the pedestrian crossing leading to the shops. This program is provided by the ACT Government and I am sure it will make a great contribution to road safety around the school.

On the subject of road safety, can I take this opportunity to remind people to take particular care with parking and driving around school drop off and pick up times. Parking on grass verges and median strips is not only illegal but is potentially dangerous as it creates problems with visibility.

Kitchen /Garden renovations

Over the school holiday our Stephanie Alexander kitchen was substantially renovated with new benchtops, induction cook tops, ovens and new non slip flooring. This should improve safety, but also makes the kitchen look a lot more modern and inviting. Do take the opportunity to have a look if you haven't already.

We are also having some shade structures put up in the garden area. These will make this more of an all-weather outdoor learning environment. At this stage you can see some white steel posts, and in the coming weeks we will

be seeing the sails being installed.

The P&C have made a contribution of \$20 000.00 to this work with the remainder being funded by the school.

P&C

The P&C has made a great contribution to Majura Primary over the years, both in terms of fundraising, but also organising a range of events that help build the community spirit of the school. I do encourage you to come along to the AGM at 6pm on February 21st.

School Assemblies/Newsletters

As we did last year, assemblies will be held fortnightly on Friday afternoons, alternating between Junior and Senior school, with a whole school assembly in the last week of each term. This term we will trial sending out newsletters fortnightly, to coincide with assembly weeks. We will continue to develop the use of email for a range of communications, so please make sure we have an up-to-date email address for you.

School Board

Two parent representative positions on the School Board are up for re-election this year. Elected members serve a two year term, and are eligible to renominate if they wish. Preschool parents are also welcome to nominate for a Board position if they are interested. Information about nominating will be available shortly, followed by elections if required. New members take up their positions on April 1 in the year of election.

The School Board normally meets twice each term, and works within the framework of the ACT Education Act 2004 and the ACT Education Directorate policy framework, school policies and the school budget. It is a great opportunity to gain a greater insight into how schools operate and contribute to developing future directions and programs.

If you would like to know more about School Board membership please feel free to speak to me.

We look forward to a busy and productive year in 2018.

Regards

Daniel Zobel

Majura Kitchen Garden News

Kitchen Refurbishment

During the holiday period the Majura Kitchen was refurbished to improve the safety and functionality of the kitchen. The kitchen now has 3 new induction cooktops, 2 new ovens, and new benches and flooring. This was funded by the School and the Majura P&C. A big thank-you to all those who helped make this happen!



Majura Kitchen Garden Lunchbox Idea

The Lunchbox Four

It helps to break school lunches down into four components: a main, a snack, fruit or vege snack, and a drink. The last two are the easiest.

1. FRUIT AND VEGE

First, cut up some fresh fruit and/or veggies in season.

Kids generally love fruits like apples, berries, bananas, mandarin, watermelon, strawberries and grapes.



This is great – but most kids aren't getting enough veges, so it's important to incorporate them too. Try adding in some cut up carrots, capsicum and/or cucumber, or some snow peas, sugar snap peas, or cherry tomatoes

2. THE DRINK

For the drink, pack water in a reusable water bottle. Fruit juice boxes are high in sugar, stripped of nutrition and create unnecessary waste.



3. THE LUNCH MAIN



A good rule of thumb for kid's lunches is to include some carbs, some protein, and some good fats.

Sandwiches and wraps

Use wholemeal, seeded bread or wraps, and add fillings like avocado, chicken and salad, egg and lettuce, tuna and salad or cucumber, cheese and carrot.

Mains that aren't sandwiches

Leftovers are your friend when it comes to non-sandwich lunches. Some ideas include pasta salad with chopped up veggies and/or pesto*, leftover cold chicken and salad, sushi*, falafels* with vege sticks and hummus*, and pizza scrolls*.



4. THE SNACK

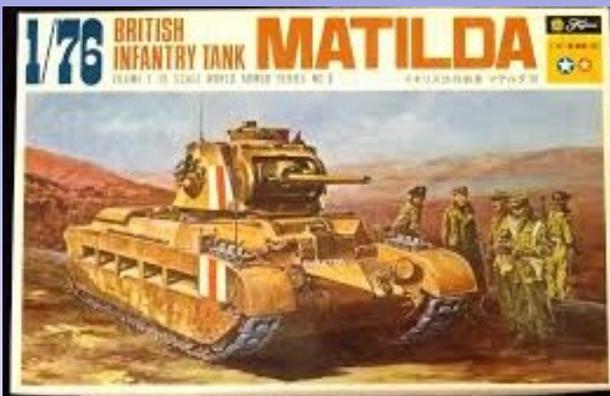
The snack is unfortunately, it's where most of the packaged and processed foods creep in – muesli bars, chips, biscuits. Swap these for more nutritious alternatives and you'll create a lunchbox that's a whole lot healthier and also creates a lot less waste.



Some ideas include popcorn, dip* with vege sticks or crackers, yoghurt in a reusable container, homemade muesli bars*, fruit muffins*, bliss balls* and banana bread*.

*Recipes available at majurakitchengarden.com

Majura Primary School Scale Model Club



Majura Primary School has established a scale model club for our students. The club is predominantly beginners with a sprinkling of modellers who have built a few kits. We build our models on Monday at lunchtime, with a couple of adult helpers. It is open to year 4/5/6 students. It is a great hobby to develop patience and fine motor skills as well as making new friends. We have many kids in the club, both boys and girls. There is some healthy competition as well. Students supply their own kit, but the school will provide everything else. If you are interested and want to find out more or just want to check it out, come and have a chat with Mr Lawrence, in the red corridor.

School Crossing Supervisor Program

A School Crossing Supervisor program has commenced at 20 crossings in the ACT to increase safety for children. Our school is one of the lucky school's to receive a supervisor as part of this pilot program.

Teaching children the new arrangements is important to ensure they remain safe. Remember to be a good role model for your children by:

- ◆ Crossing at the designated crossing
- ◆ Following the instructions of the supervisor
- ◆ Waiting for the whistle (two blows means it is safe to cross)
- ◆ Explaining the new arrangements to your children
- ◆ Driving appropriately around the school
- ◆ Being courteous and patient while the supervisors, pedestrians and motorists adapt to the new arrangements.

The basic crossing procedures are:

- ◆ The supervisor will ask pedestrians to wait in a safe location by the side of the road
- ◆ When it is safe, the supervisor will stop traffic
- ◆ The supervisor will blow their whistle twice to indicate it is safe to cross.

Remember to follow the supervisor's instructions at all times to ensure your children stay safe.

A full list of supervised crossings is available at: www.transport.act.gov.au



Watson Preschool Parents Association

The Watson Preschool Parents Association (WPPA) will hold its General Meeting at **5.30pm on Wednesday 14 February** at the Watson Preschool. It is intended that this meeting will consider a special resolution to voluntarily wind up the WPPA, with the intention that the parents of the preschool would then form a Subcommittee of the Majura P&C to fundraise for, and engage with, the Preschool. All interested are invited to attend this meeting and consider this important issue.

In addition, all 2018 Preschool parents and carers are invited to attend the Preschool at **6pm on Wednesday 14 February** (the same day). Should the winding up of the WPPA be agreed, this meeting will discuss the formation of a Preschool Subcommittee. Otherwise this meeting will call for nominees to fill the positions on the WPPA Committee. We would love to see all Preschool parents and carers who are keen to be involved in the managing of the Preschool. There are vital roles to be fulfilled regardless of whether the WPPA continues or a Preschool Subcommittee is formed. Parent volunteers are need to be involved to ensure that there is an appropriate body to fundraise for the Preschool and to be engaged in providing support for our wonderful Preschool and its teachers.

Majura P&C News Term 1 Week 1

All parents and carers of Majura Primary school are automatically members of the Parents and Citizens Association. Our aim is promote parents and citizens participation and enable parents and citizens to contribute to the Majura Primary School.

Welcome to all new and returning families in the school community.

P&C AGM Wednesday 21 February 2018 6-7pm

On Wednesday 21 February the Majura P&C is holding its annual AGM from 6-7pm in the school staff room. At this meeting we will be holding election for positions, but also voting on the proposal to amalgamation the Watson Preschool Parents Association into the Majura P&C. Papers should be available the week before the AGM to allow people to consider the issues to be presented.

This year we are trialling providing child care for the families attending the AGM. You must email the majuraparentsandcitizens@gmail.com to book a spot.

Positions to be filled at AGM

At the AGM all positions are declared vacant and people are asked to nominate. At this stage the only position someone has indicated an interest in in the Convener (president). This means we need to fill:

- Secretary (take minutes of the meetings)
- Treasurer
- P&C Council Representative
- Possible Preschool Subcommittee members

If you are interested in any P&C roles, please email majuraparentsandcitizens@gmail.com for more information. More information will be provided in next week's newsletter and on the P&C Facebook page.

Uniform shop

Red short sleeve polos

We have been unable to keep up with the demand of the new red shirts!! We have placed another bulk order due in very soon, we appreciate your patience! Keep an eye on the newsletter and Facebook page to see when they have arrived.

Red Long sleeve polos

Are due into the shop in March, we will notify you once they arrive!

Hoodies, fleece and bomber jackets

We currently have some sizes in stock however a bulk order is due late February, early March. We will notify you when they arrive.

Opening hours

The uniform shop is open each Tuesday morning from 8.30-9.30 for you to see sizes and purchase items. If you can't make Tuesday's, don't forget you can take an order form (found in the front foyer) and place the completed form and cash in the Uniform mail box in the front foyer.

Facebook group

Lots of information about what is happening at the school, with the P&C (including uniform shop updates) is posted on the Majura Primary P&C Facebook page. Join us for real time updates, so you don't need to wait for the weekly newsletter.

HEALTHY KIDS



Majura Primary School TERM 1 2018

SANDWICHES & WRAPS

RAINBOW DELIGHT LAYERS OF BEETROOT, LETTUCE, TOMATO & GRATED CARROT <i>Suitable for Vegetarians</i>	<u>\$4.00</u>
EGG HEAD EGG & MAYO WITH CRUNCHY LETTUCE (<i>Suitable for Vegetarians</i>)	<u>\$4.00</u>
CHICKEN & SALAD CHICKEN, TOMATO, CARROT, LETTUCE & MAYO	<u>\$4.00</u>

TOASTED SANDWICHES

TOASTED CHEESE	<u>\$3.50</u>
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HOT MEALS

MACARONI & CHEESE <i>Suitable for Vegetarians</i>	<u>\$4.50</u>
PASTA NAPOLITANA WITH HOMEMADE VEGETABLE SAUCE (<i>Suitable for Vegetarians</i>)	<u>\$4.50</u>
CHICKEN FILLET BURGER CHICKEN FILLET WITH LETTUCE & MAYO	<u>\$5.00</u>
PIZZA SINGLE HAM & PINEAPPLE	<u>\$3.50</u>

SNACKS

WATERMELON TUB	<u>\$1.50</u>
HOMEMADE POPCORN	<u>\$1.00</u>
POPCORN –KOALA LIGHTLY SALTED	<u>\$2.50</u>
BANANA BREAD	<u>\$1.50</u>
FRUIT JELLY CUP	<u>\$1.50</u>
TWISTER YOGHURT CUP	<u>\$2.50</u>
FROZEN JUICE CUP	<u>\$1.50</u>
HOMEMADE MINI MUFFINS	<u>\$2.00</u>



DRINKS

Water - 600ml	<u>\$2.00</u>
Juice ORANGE, APPLE OR APPLE & BLACKCURRENT	<u>\$2.00</u>
Moove Flavoured Milk - 250ml CHOCOLATE OR STRAWBERRY	<u>\$3.00</u>
Plain Milk 300ml	<u>\$2.00</u>
Frozen Fruit Cups	<u>\$2.00</u>
Twisted Frozen Yoghurt	<u>\$2.50</u>

HEALTHY KIDS

MISSION STATEMENT: "To promote and influence healthy food choices for children"

TO ORDER: Log onto: www.flexischools.com.au

ONLINE ORDERING



- Available 24/7
- Convenient for parents
- Removes paper orders and cash
- FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

EASY, ONLINE REGISTRATION

- Go to www.flexischools.com.au
- Click REGISTER
- Enter your email
- You will be emailed a link to an online form - follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account - VISA or Mastercard preferred.



Place lunch orders from your iPhone, iPad or mobile device!

For help call **1300 361 769**



flexischools



Play Rugby - Southwell Park, Lyneham

U7s to U18s - Boys / Girls

Registrations online

Join us and come and try at Southwell Park, Lyneham

10 Feb 9.30am – 11.30am

Purchase uniforms, meet the committee, get assistance with registration & give some drills a go, finishing up with a free Sausage sizzle.

For more information and to register

www.owlsrugbyjuniors.com.au

Any queries please email

info@owlsrugbyjuniors.com.au

Have you ever wanted to try hockey?

North Canberra Eagles Hockey Club are having a 'Come and Try Day' where you can give hockey a go. We will provide hockey sticks and free coaching by some of our club's ACT representative players.

When: Saturday 17th of February

Any time between 9am and 12pm

Where: The Hockey Centre, Mouat St Lyneham

If you would like more information please contact us at:

northcanberraeagles@gmail.com



World Dance Classes for Young People

World folk dance classes give children a taste of cultural traditions through the joy of dancing together. The classes improve fitness and co-ordination in a relaxed atmosphere with no competitions or dress-code.

When: Fridays: 4 to 7 years, 4:15pm - 5:00pm and 8 years +, 5:15pm - 6:00pm (during school term)

Enquiries: 0420 524 412 (Rebecca)

Where: Folk Dance Canberra Hall

Hackett Community Centre

114 Maitland Street

Hackett ACT 2602

Cost: \$8 per class (discount for term payment)

Website: <http://www.folkdancecanberra.org.au/>

Email: folkdancecanberra@gmail.com



GKR KARATE

STRONG · HUMBLE · BRAVE

No contracts: pay as you go

Children who train in karate are less likely to be bullied and school work and class behaviour can improve

classes continue during school holidays



- Build confidence
- Improve fitness
- Gain self discipline
- Learn self defence

North side classes in:

Evatt
Floreys
Fraser
Harrison
Kaleen

Classes: all around Canberra, Goulburn, Queanbeyan, Yass

For your **Free Trial Class**

contact Wendy: 0406 375 091
wendy.gkr@gmail.com

GKR Karate supports Beyond Blue

self defence for all ages

Stressed about back to school costs? Make next year different.



Saver Plus will match your savings for school costs, dollar for dollar, up to \$500.

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



laptops & tablets



camps & excursions



uniforms & shoes



lessons & activities



sports fees & gear



books & supplies

Contact

Kathleen Watson
your local Saver Plus
Coordinator

Phone

0448 730 305
02 6283 7606

Email

kathleen.watson@
thesmithfamily.com.au

Web

www.saverplus.org.au



everyone's family



Saver Plus is an initiative of the Brotherhood of ST Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Attention Kindergarten Parents!



Kindergarten Health Checks are happening this year!

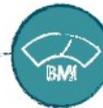
All kindergarten students in the ACT are eligible to receive a **FREE** health check



VISION CHECK



HEARING CHECK



**HEIGHT, WEIGHT AND
BODY MASS INDEX (BMI)**



If you have not returned your child's Kindergarten Health Check Consent and Questionnaire



FIND — Information packs will be sent home early in Term 1



SIGN — Complete The Kindergarten Health Check Consent And Questionnaire



RETURN — To your school by 7th March 2018

Your school can provide you with the date of the health check.



2018 Majura Primary School Calendar Term 1



Term 1 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	5	6	7	8	9
February	Kindy, Preschool start	Years 1-6 start			Whole School Assembly 2.30pm
Week 2	12	13	14	15	16
			Watson Preschool Parents Association AGM 6pm @ Preschool		Senior Assembly hosted by year 6
Week 3	19	20	21	22	23
	PiPS Kindergarten testing				
	Getting to know you interviews				
		School Board Meeting	P&C AGM 6-7pm		
Week 4	26	27	28	1	2
	Year 5 and 6 Camp				
	PiPS Kindergarten testing				
		Second hand uniform sale			Junior Assembly hosted by year 2
Week 5	5	6	7	8	9
March			Swimming Carnival @ Dickson Pool	Year 5/6 Girls AFL Carnival	Year 3 Camp @ Warrumbui
Week 6	12	13	14	15	16
	CANBERRA DAY				Senior Assembly hosted by year 4
Week 7	19	20	21	22	23
		Nth Gungahlin Swimming at AIS School Board Meeting	Harmony Day/DTTD P&C Meeting		
Week 8	26	27	28	29	30
				Junior Assembly EASTER Christian Education in Schools(CEIS)	GOOD FRIDAY
Week 9	2	3	4	5	6
April	EASTER MONDAY			Majura Cross Country carnival	
Week 10	9	10	11	12	13
	North Gungahlin Swimming @ AIS				School Assembly hosted by SRC