

# Ice gola

From the garden: elderflower, rose

<b>Equipment:</b> Ice crusher/ food processor Bowl Cups Paddle pop sticks or spoons	<b>Ingredients:</b> 30 ice cubes 8 tablespoons elderflower cordial
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## What to do:

1. Place a few ice cubes in the food processor or ice crusher at a time and blitz till fine pieces. Work quickly and repeat the process.
2. Spoon the ground ice into a cup and tap down.
3. Insert a stick or spoon and press around it firmly.
4. Invert popsicle and pour syrup onto icy pole.
5. Enjoy, over a cup, in case it breaks.

## NOTES

- If you add too much syrup, the ice will melt very quickly.