

## Year 6 - Peer Support Leader Training Monday 8 and Tuesday 9 April

This year Majura is implementing the Peer Support Program. The Peer Support Program provides a fun and engaging environment for young people to address social issues. Different modules are designed to equip young people with the necessary skills to deal proactively with life's experiences. The Peer Support Program promotes wellbeing, which encourages positive relationships, connectedness and a sense of responsibility. Focus areas include resilience, values, anti-bullying and positive relationships. Trained Peer Leaders, facilitate structured activities in small groups with students from all year levels, supervised by a teacher.

Every young person has the potential to become a good leader, though this potential needs to be developed. Engaging in the process of leadership training has both immediate and long-term benefits for the school community. In the short term, students who learn and practise the skills of leadership have an opportunity to positively impact on the culture of the school community. In the long term, school communities are acknowledging the role of students in providing leadership training and providing experiences to ensure the development of leaders for the future. Peer Leaders can and do take action in response to some of the issues in schools including bullying and conflict. Students demonstrate their ability to influence peer attitudes and behaviours and contribute to positive change.

The purpose of Peer Leaders' Training is to prepare students for their role as Peer Support Leaders. For 2 days, students will be divided into small groups with a teacher facilitating the training. They will work through a range of activities, take part in discussions and complete activities in their Peer Leader's Learning Guide. During training, students will focus on authentic leadership skills, developing connections, strategies to lead a group, roles and responsibilities, personal strengths and characteristics, facilitation and working with a coleader.

This training is part of the school's comprehensive plan and commitment to create a safe school. It provides students with the opportunity to develop and practise leadership skills within a supportive environment. You can support your child in their leadership role by discussion with your child about the activities, asking questions about the concepts and understandings they are developing each week. This helps foster a positive connection between school and home. For further information on the school's Peer Support Program, contact the Peer Support Coordinators.

Training will be delivered by Majura teachers. A two-day training course will take place at the school on 8 and 9 April 2024. Students may attend school in non-uniform. The school will provide students with morning tea on the Monday, first day of training, but students will need packed lunches or lunch orders as normal. If your child has any dietary requirements, can you please email Renee and let her know so we can accommodate morning tea for everyone. <a href="majorateleoorganger-renee-broadhurst@ed.act.edu.au">renee.broadhurst@ed.act.edu.au</a>

We look forward to an engaging and valuable experience.

Regards,

Kathryn Shaw and Renee Broadhurst Peer Support Coordinators

