Milkshake

Season: all

Serves: 2 or 8 tastes

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Cup measure

Teaspoon measure Ice cream scoop

Blender

cups

Ingredients:

Banana choc milkshake

250ml milk

1 scoop vanilla ice cream

2 bananas

2 teaspoons cocoa (optional)

For the top: pinch cinnamon

(optional)

Raspberry Milkshake

250ml milk

2 scoops berry nice cream

Hand full raspberries.

For the top: pinch ground

Davidson plum

What to do:

- 1. Put the milk, and all other ingredients into the blender. Whizz everything up until smooth then pour into a glass.
- 2. Decorate with a pinch of cinnamon/Davidson plum. Serve immediately.